



CONFIDENCE, NOW!

It's tough to be completely selfassured— especially at the beach. So we polled more than 1,000 women on their biggest beauty stressors, then pressed the pros for the fastest, most effective fixes. Strut this way! infused treatment (like this leave-in spray from John Frieda) for added hydration.

YOUR SITCH Dark Body Hair

Infinity laser hair reduction system. A vacuumlike hand piece stretches the skin to pull hair follicles closer to a diode laser for maximum efficiency, preventing future growth. The best part? It's safe for all skin tones and can be less painful than other devices, thanks to a cold tip that numbs the skin momentarily.

